

Question and Answer

Name:

Course:

Question and Answer

Chapter 46**Question One**

Acute respiratory track infections are extremely contagious. Parents and other grown us often know how they can prevent the infections from spreading. However, for children might be difficult. What are the measures to be taken to prevent spreading of infections from children?

Answer

- Children with infections should not be allowed to share cups with other people
- Children should be washed hands frequently
- Used tissues should be thrown in the wastebaskets. Wastebaskets should not be left to accumulate with used tissues
- Caregiver who are attending to the infected children should avoid touching their eyes or nose until they wash their hands

Rationale

Researchers argue that children do not know how to avoid infections because they tend to forget unlike adults. For this reason, it is better to help the prevent diseases because they might lead more infections.

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Question Two

Acute respiratory track infections are extremely difficult to prevent. For children it is hard because they lack complete immune systems since it has not developed fully. For this reason,

they need proper measures to prevent infections. What are the measures to be taken to prevent spread of infection?

Answer

- The secretions from infected child should be avoided
- Cleanliness should be maintained continuously

Rationale

This ensures that there are minimal infections spreading to child since they are the most vulnerable as compared to adults.

Page 1310

Question Three

Tonsils are among the infections affecting children. When children are given medical attention in the hospitals, parents are usually given guidelines to sue when they go home. What are the guidelines provided to parents when they go home?

Answer

- Parents should avoid highly season foods and irritating substances
- Parents should avoid gurgling of water by children or vigorous brushing of teeth
- Parents should avoid using ice coolers for pain relieving
- Finally, parents should ensure that the children are not taking activities to ensure there is no bleeding.

Rationale

For the purposes of ensuring that, no more infections will take place when the child goes home for parental care.

Page 1313

Question Four

What are the various types of pneumonia?

Answer

- Lobar Pneumonia
- Bronchopneumonia
- Interstitial Pneumonia

Rationale

To educate parents the different types of pneumonia so that they can know what their children are suffering. Additionally, they would know care to give their children.

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Question Five

What is the nursing care for children infected with severe acute respiratory syndrome?

Answer

- Hand washing should be strict for people with the infections
- Children should not be kept in crowded rooms
- Antibiotics and other medication should be offered

Rationale

This is properly done to ensure that there are no secondary infections and that the child is healed in time. Additionally, this care is done to ensure that there is no spreading of the disease.

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Chapter 47**Question One**

What are the nutrients that can lack in the growth of a child who is vegetarian?

Answer

- Lack of enough proteins for growth
- Lack of enough calories for energy
- A deficiency of vitamin B6
- In some cases, they may lack vitamin B12

Rationale

This is for the purposes of helping vegetarian children. Parents might require preparing a diet that will suit them creating a healthy growth of the child.

Page 1365

Question Two

What are the categories for food sensitivities?

Answer

- a. Food allergy/ hypersensitivity
- b. Food intolerance

Rationale

Parents require to know whether their children are allergic or sensitive to foods. For this reason, parents should ensure they have learned whether their children are food sensitive to know the type of diet they would need to offer their child.

Page 1370

Question Three

What is the treatment for lactose intolerance for children?

Answer

Total elimination of dairy products for the child is better but in some cases, minimal provision of these dairy products could be helpful for the child.

Rationale

This is extremely helpful for parents so that they cannot offer their children who are affected by lactose, dairy products. In this case, it will prevent any growth disorders that might occur.

Question Four

Many parents tend to wonder what the correct diet is for their children with no proper answer.

For this reason nurse should be able to proper diets for parents to follow. What is the proper diet provided by nurses for children?

Answers

- Parents should provide all the nutrients for the children especially those that are rich in growth of the body
- Parents should ensure that they do not provide excessive nutrients while others are deficient.
- Finally, clean hygiene should be maintained in handling foods
- Food should be properly cooked

Rationale

Parents have a proper hygiene and ideal of a diet that they should provide their children with incase they do not have an idea. Secondly, it ensures a healthy growth in children when they are growing up.

Question Five

What are the diagnostic evaluations for a child suffering from acute gastroenteritis?

Answer

- Checking of medical history
- Checking the symptoms exhibited by the children
- Finally, checking whether there are other infections that could be causing this symptoms

Rationale

The purposes of this are to ensure that the child is given the correct diagnosis. This makes sure that there is no confusion and the child is provided with the correct care depending on the ailment or disorders he or she is suffering from.

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Chapter 48

Question One

What are the common signs for digoxin toxicity in children?

Answer

- Anorexia
- Vomiting
- Nausea
- Dysrhythmias
- Bradycardia

Rationale

This is for the purposes of educating the parents to know what their child might be suffering from. Additionally, it helps parents and nurses to know the care they should provide for the child.

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Question Two

What are the expected complications after cardiac surgery and treatment approaches?

Answer

- Postoperative bleeding
- Anemia
- Congestive heart failure
- Pleural effusions

Rationale

This is for the purposes of ensuring that the nurses know the after surgery care for the baby and what precautions they should take to avoid the mentioned disorders. Additionally, the parents are also educated in case they come across these disorders.

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Question Three

What is the nursing care provided to children suffering from anti cardiovascular disorder?

Answer

- Counseling parents on the care they are supposed to offer the children
- The nurse should ensure to tell the parents to inform dentists of the ailments incase they visit one
- Nurses should provide detailed information on any disorders or symptoms that might be expected
- Finally, the nurse should visit the child regularly

Rationale

This aims at educating the parents of any symptoms that might occur. In this case, they reduce stress related case from the side of the parents. Finally, the child is attended to properly.

Question Four

What is the care offered to a child suffering from cardiomyopathy?

Answer

- Many activities should be restricted
- Children should be involved in decision making regarding the activities to take
- Care should be provided to the children for proper health facilities

Rationale

In this case, patients are made aware that their child is suffering from a serious ailment so they should take proper care for the children.

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Question Five

What are the main areas to investigate when checking cardiac history?

Answer

- Poor feedings habits
- Poor weight gain
- Frequent infections of the track

Rationale

This helps the nurses establishes the causes of causing cardiac diseases. In this case, the nurses will be able to prevent the disease as quickly as possible.

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